



THE COMPREHENSIVE NEURO REHABILITATION REVIEW

May 14, 2026

Kempinski Al Othman

Al Khobar, Kingdom of Saudi Arabia

Host & Course Director



Nabeel S. Alshafai

MD FRCS(C) EBNS ABNS (Eligible)

NS Neuro Spine (Bahrain and Saudi Arabia), Chairman

Chairman of Neurosurgery
The Royal Commission Hospital, KSA

Course Director



David Cifu MD

Professor Department Head

School of Medicine Physical Medicine and Rehabilitation

Virginia Commonwealth University

Richmond, USA

Bridging Neuroscience and Clinical Rehabilitation.



Registration Fee:

400 SAR (Student/Physiotherapist)

600 SAR (Resident)

850 SAR (Registrar)

1250 SAR (Consultant)

**LIMITED SEATS
AVAILABLE**

Email for inquiries:

info@alshafaiacademy.org

Registration:

www.register.alshafaiacademy.org



Ethical MedTech
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Faculty



Henry Lew

MD (ABPMR), PhD

Professor, University of Hawaii at Manoa
Director, Rehabilitation Medicine Education
Hawaii

John Hermansen

PhD

Physical Medicine and Rehabilitation
Virginia Commonwealth University
Richmond, USA

Maher Binjadid

MD, MBBS

Consultant Physician / Clinical Professor
Director of Functional Health Care Services
Prince Sultan Military Medical City, Riyadh, KSA

PROGRAM SCHEDULE :

Morning: PM&R Basics of Acute Neurotrauma and Neurological Disorders

08:00 - 08:05	Nabeel S. Alshafai, Introduction and Opening Remarks
08:05 - 08:30	Maher Binjadid, Overview of PM&R Assessment
08:30 - 09:00	John Hermansen, Managing Spasticity, Pain and Sleep
09:00 - 09:30	David Cifu, Managing Bowel, Bladder, and Skin Care
09:30 - 10:00	David Cifu, VTE/DVT, Seizure and Hydrocephalus Monitoring and Management
10:00 - 10:30	Henry Lew, Behavioral Management, Cognitive and Speech and Communication Disorders

10:30 - 10:45 Coffee Break

Case Presentations – Assessment and ICU/Acute Management – SCI, SCI Tumor

10:45 - 12:00 All Faculty - Interactive Panel Presentation and Q&A Session

12:00 - 13:00 Prayer and Lunch Break

Afternoon: PM&R and Rehab Therapy Interventions

13:00 - 13:30	John Hermansen, Considerations for Mobilization, Sarcopenia, Cardiovascular, Weight-Bearing , and a Return to Activity
13:30 - 14:00	John Hermansen, Innovative Approaches to Central and Peripheral Pain
14:00 - 14:30	David Cifu, Post-Acute Outcomes for SCI, TBI, Stroke, Brain Tumor
14:30 - 15:00	Henry Lew, Community Care (Driving, Vocational, TeleRehab, Remote Monitoring)
15:00 - 15:30	John Hermansen, Innovative Strategies (TMS, Telehealth, Stem Cells, Red Light Therapy, Robotics, Computer-Brain Interfaces, Implanted Cerebral Microchips, Epidural Stimulation)

15:30 - 15:45 Coffee Break

Case Presentation – Interventions and Outcomes – TBI, Stroke, Brain Tumor

15:45 - 16:45 All Faculty - Interactive Panel Presentation and Q&A Session

16:45 - 17:00 Nabeel S. Alshafai, Closing Remarks

To provide a concise, practical update on evidence-based strategies that promote functional recovery after neurologic al injury, supporting effective clinical decision-making and patient-centered care.